



GREEN REVOLUTION

A School of Living Publication

215 Julian Woods Lane, Julian, Pennsylvania 16844

Vol. 61/No. 3 2004

70 Years Since
Our Founding
by
Ralph Borsodi

50 Years Since
Our Incorporation
by
Mildred Loomis

School of Living Anniversary Gathering

June 24-26, 2005

at Heathcote Community, Freeland, Maryland

*Friday Evening
House Concert*



**Rita Jane Leasure
President**

*Saturday Evening
Program*

This is the School of Living's anniversary year. SOL was founded by Ralph Borsodi in 1934, and incorporated in 1954 by Mildred Loomis. At this juncture of 70 and 50 years we have decided to revisit our youth and put on an educational gathering.

In the early days there were gatherings several times a year. Ralph would present his lecture on the *Seventeen Problems* of man and society, accompanied by classes in canning, organic gardening, and other homesteading skills.

Decentralism and the unearned increment in the value of land were always on the table. Georgist economics, single tax issues, and alternative currency were showing great promise in bringing prosperity back to a depressed economy. Later gatherings had music as a center piece with talk of war and peace, of the draft, and of oil profiteering. Hundreds of people would come.

At a retreat we held a few years ago, there was a call to do that kind of thing again. Now we are ready. Our goal is to provide an interesting eclectic set of educational workshops, bringing historical issues, homesteading skills into a modern context, and to commemorate our anniversary. We hope you will join us.

The Anniversary Gathering will take place the weekend of June 24-26, 2005. Space is limited to about 150, but we hope with the success of this gathering we will be able to make this a recurring event and expand in future years. Heathcote Community, North of Baltimore, Maryland, was our

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From the Editorial Staff

Researching the School of Living's past has been exciting, enlightening, rewarding, inspiring, and slow. I have run into many dead ends, but for every door I found closed I have also found a window open that has given fresh air to my research. What I want for the future is to find as many people that can contribute to, and fill in the holds of the past 70 years since Ralph Borsodi's visions.

If you have any material, photos, or information you can share we hope that you will contact us. We are interested in being able to interview anyone that can contribute to the documentation of the School of Living history.

The Anniversary Gathering (June 24-26, 2005) needs everyone that is interested in intentional community, land trust and preserving our visions, since of responsibility to become self-reliant, as well as promoting ecological use of land and natural resources. And much, much, more

We hope to see you there. The course list and flyer/registration form is in the back of this issue. Please feel free to copy and share our flyer within your communities and any place you believe would share the information with those interested.

The Editorial Staff

The information above is the opinion of the editorial staff and does not reflect the opinion of the School of Living Board or any other subgroup or committee.

Who can submit articles, prose, art work, etc. to be published in the GR?

- All are welcome to submit their work for publication. It must be your own work with full right to be published.
- You can submit by mail or by email.
- If sending by mail please submit both a printed copy and in electronic format on a floppy disk or CD.

Mail to: Sheila Skidmore
Green Revolution
309 Highfalcon Road
Reisterstown, MD 21136

- E-mail submissions can be an attachment (no larger than 2 MB – please) or email text. You will receive a confirmation that your work has been received and opened with a thank you of course.

Send to: Sheila@s-o-l.org

- Acceptable formats for prose are Microsoft word, rich text, or within email composer. Microsoft word is preferred. Other processors can be used, but please save as a Word doc when possible.
- Images can either be gif, jpeg or tiff format.
- Intentional communities that would like to have events listed or would like to be included in our Community Notes page need only hold a current subscription to the Green Revolution.

GREEN REVOLUTION

Published Quarterly by the
School of Living

Editor: Sheila Skidmore
Assistant Editors: Kelly Skidmore & Shannon Bonafede
SOL Office Manager: Ann Wilken

The School of Living, founded in 1934 by Ralph Borsodi, is dedicated to the learning and teaching of personal responsibility and right living. It aims to foster self governing communities, which are democratic, humane, globally conscious and ecologically sound. All of its resources, especially the land it holds in trust, are held in responsible stewardship for all living creatures.

We welcome your comments and suggestions. Articles for publication are greatly appreciated.

Comments can be sent to GreenRev@SchoolofLiving.org or the address below.

School of Living membership is \$20 annually and includes a subscription to *Green Revolution*.

Visit the SOL website at SchoolofLiving.org

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Why A Conference on a Human Future?

by
Mildred J. Loomis

The following appeared in The Green Revolution June 1971, Vol. 28—No.6 issue. The problems are the same, the world is still “in a serious condition,” and we are in need of meeting with others who have the same beliefs, standards, ideals and visions. WE need each other more than ever. WE need to recreate a support network stronger, and more resourceful than in the past. WE need to be planning for the next conference or gathering now so that we have something to always look forward. Gatherings no matter how small or large were needed in the past to pull people together for better communication. We have better communication and need gatherings to set time aside, to slow down, reevaluate our goals, our lives, and share our common values.

Let us keep School of Living alive by first attending the Anniversary Gathering, June 24-26, 2005, and then make a commitment for the next gathering. Continue the dream, see you at the Gathering.

Let's begin with a few facts which almost everyone recognizes:

1—The “world” is in a serious condition; expressed as today's dilemma, the modern crisis or decline of civilization. Social problems mount; riots, crime, poverty, population explosion, pollution, war.

2—Many people expect it to get worse. They talk about economic collapse, environmental decay, and social irresponsibility, geological catastrophe—slipping of the earth's crust, crucial weather changes, and geographical cataclysms.

3—Response to all this varies; possibly in three patterns:

a—some people ignore it, either out of ignorance, preoccupation with more immediate concerns, or a cover for unexpressed anxiety;

b—some seek escape in various ways—in music, art, drugs, or in fleeing to the country, the mountains or deserts;

c—others take positive action. They initiate, or line up with, constructive forces at some level.

Is this the way you see it? Where do you find yourself in such a summary?

Accentuate the Positive

These last people, those who are taking positive action, interest us most; and they are legion. Some surveys report that one out of twelve in our population is concerned in some human betterment action. It seems to us more than that. From our mail and contacts, from the press, —both under- and top-the-ground, —we'd

assume it was higher. At least half the world's people seem to be helping the other half! Much of this action, from our view, is narrow, random and dispersed. Certainly it is unrelated to any common or agreed-on goal, except some vague, undefined expressions like “peace,” “love,” and “freedom.”

Always there have been people with ability to see more deeply and clearly what a “culture” is, and how people effect it and are being effected by it. Such seers were not plentiful in the Modern Day. So enamoured have people been with Industry and Machines that philosophers and critics had short shrift. But the modern bubble was finally pricked in those (by some) still-remembered Thirties, by Ralph Borsodi, Lewis Mumford and Erich Fromm. Praise be! — they charted a counter, a decentralist, an organic, a human way.

The School of Living was founded by Ralph Borsodi in 1936 to advance this way out. To me it offered both theoretical and practical help. Our home, Lane's

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Why A Conference On A Human Future?

(Continued from page 3)

End Homestead, near Brookville, Ohio, became an outpost of the School of Living. We lived the decentralist, natural way; welcomed others; published relevant queries and achievements on both the personal and public aspects of a good life – a green revolution – since 1943. This makes the Green Revolution you're reading now, No. 6 of Vol. 28, of uninterrupted flow (note change of masthead).

In all those years, workers for a good life as we saw it – the decentralist, organic way – have increased and multiplied. Many are our friends. Most of them have started or joined a group which emphasizes one aspect of that good life. Life has hit them harder in one area than another, by poor health, lack of freedom, uninteresting work, poor education, scarce goods, etc. Thus motivated by special need they take action to fill that need; they emphasize the positive and form a better health club, a psychological clinic, a freedom group, a cooperative, a land or money reform, a free school; they experiment with family or build a new community.

Fine! All good; all part of the whole new organic, human way out. Let's get to know each other better. Let's meet together to clarify the whole. And each one's part in it; to define terms, to share ideas, mistakes and accomplishments; to plan for more adequate action for the future.

A Cooperative Conference On A Good Life

We held such meetings in the mid-Fifties at beautiful Earlham Quaker College in Richmond, Indiana, with wonderful results in enthusiasm and friendships. Attendants at those meetings still speak of them appreciatively.

But assistance for their repetition did not come; and energy at Lane's End did not suffice.

The hope and wish to repeat this effort did not leave me. In a School of Living planning session in November 1970, I suggested we schedule another for the summer of 1971. Lefevers, Anakers and others who had been part of the 1950 effort said, "By all means. We'll help." They have.

In May, 1971 I attended a Conference on the Future, staged by a five-year old group called The Futurists; educators, business men, scientists, all worried about the future. Most of the sessions reported and discussed urban and technological problems. Some branched out to the Nature of Man and to Family and Community. But none of the leaders, groups and individuals in what we know as the decentralist movement were there. I doubt if The Futurists know that such a movement exists – or have had contact with the leaders and groups who have so splendidly agreed to help in a Conference for Adequate Action for a Human Future. (See notes from leaders in these pages.)

Now we are nearing the time to gather at Camp Eder, September 3, 4, 5, and 6. What happens depends on the preparation, good will and actions of you who attend.

We hope attendants will have journals, schools, community and other groups, with which to further the goals of this effort. So that persons not yet involved in it may take courage, through the challenge, guidance and example you can share with them.

What this country needs are people in every hamlet – informed, committed and active in living their own good life, and creating the conditions that make it possible for everyone else to live it.

CONFIDENCE OR DESPAIR?

With what attitude do we approach the Conference on Adequate Action for A Human Future?

To survey and emphasize the crisis which our country face, might lead to hopelessness.

To recognize the indisputable fact that the way of life which brought about the crisis has been repudiated by an enormous number of people, of whom the young are the most articulate, is to enter and participate in such a conference, with hope.

Are those who have repudiated it, willing to do the hard thinking and hard work which would create a program to which millions might respond?

The opportunity to do so exists.

I hope those who join in the conference rise to this opportunity—

Ralph Borsodi

Green Revolution—June 1971

(Continued on page 5)

THE EDUCATION REVOLUTION

The Website of AERO - The Alternative Education Resource Organization

AERO Conference 2005

"A Spectrum of Alternatives"

June 22nd - 26th

Russell Sage College, Troy, New York

This will be the Alternative Education Resource Organization's 16th anniversary conference. This conference will have many aspects that were featured at last June's anniversary celebration, including open space technology (where attendees have the opportunity to conduct their own workshops, events, and presentations) and low conference fees, especially for students. While the main focus will be "A Spectrum of Alternatives," the conference will not be limited to just that. Workshops, events, and presentations will be entirely up to the attendees.

Contact Info: Tel: 1-800-769-4171 (U.S. Only) & 1-516-621-2195

Fax: 1-516-625-3257 / E-Mail: info@educationrevolution.org

417 Roslyn Road, Roslyn Heights, NY 11577

Why A Conference on A Human Future

(Continued from page 4)

See you at the Conference to help plan adequate action for a human future.

Conference Response

Edwina Forehlich, Ex. Director, LeLeche League—The Conference sounds great – 3 days in a Pennsylvania camp with good food to eat, plus all those good things to plan action for, and not least the interesting people to meet with whom to share ideas. I'll surely be there – perhaps show the film, "Childbirth for the Joy of It." I just love to talk about childbirth and breast-feeding.

Melford Pearson, Cooperative Commonwealth, Noblesville—The Conference on a Human Future sounds most interesting. I certainly accept your invitation to be with you. Together so many thoughtful people should make it a fruitful experience.

Richard Dewey, University of New Hampshire—I'm pleased to be on hand at the Conference on Human Future to introduce Ralph Borsodi. If I can assist in other ways, please let me know. Bea and I will be returning from our first European jaunt on September 1st so we'll just barely have time to make the conference meeting. It will be good to see you again and learn more about operations of the School of Living.

John Haberern, Vice President, Rodale Press—We are hard at work on the film of J. I. Rodale's life and work, and hopefully it will be completed in time for your conference in September.

Cathryn Elwood—I'm excited about the Conference on a Human Future. The days will be full, and it looks as though we should come home with a few answers! If we can repeat such a conference each year – or if others could pull together such a conference, what an impact that should make on this failing world!

O.B. Johannsen, Roselle Park, New Jersey—Your conference looks interesting, and I shall be very happy to participate and hope I will be able to add something to the discussion from the viewpoint of money-issues, inflation etc.

Dr. Art Seidman, Reisterstown, Maryland—I'm looking forward to the Conference on a Human Future, I think you've laid it out well, so please let me know in what way I can be of most help.

Robert Allen, Laurel, Maryland—I'll surely be glad to show how I see the land monopoly tangling the affairs of the world. I'll come to Heathcote beforehand to plan how best to handle this. Looking forward to a great conference.

Community Notes

Community Notes are for additional information from the School of Living Land Trust Communities, and other communities and projects that share the same goals and ideals as the School of Living. If you are interested in contributing to Community Notes please check page two for directions on submission to the Green Revolution.

AERO

As part of the School of Living, AERO represents probably the largest community of people worldwide with the highest standards of education. It is our aim to see that the AERO community continues to grow, become sustainable, and remain a dependable resource to support alternative education. Please join our efforts:

AERO Conference 2005

"A Spectrum of Alternatives"

Russell Sage College, Troy, New York
June 22-26, 2005

Keynote Speakers:

John Taylor Gatto, Alfie Kohn,
Matt Hern, Ann Cook, and Tim Seldin

This conference will include open space technology (where attendees have the opportunity to conduct their own workshops, events, and presentations) and low conference fees, especially for students. While the main focus will be "A Spectrum of Alternatives," the conference will not be limited to just that. Workshops, events, and presentations will be entirely up to the attendees.

Artson

Under the direction of Frances Brightfeather is close to finding property for Artson. If all goes well the center will be open in the Spring for art programs and art camp during the Summer of 2005.

Birthright Center

Ginny Green, who lived at Birthright for over a decade, and three of her very close friends have given School of Living a proposal to make Birthright a Community again. The following is the groups vision for Birthright Community. SOL is committed to supporting their efforts.

A Garden is Never Finished~~

Our Vision of Education at Birthright

The four of us - Kim, Corrine, Joann and myself (Ginny Green) - are committed to living our lives as students - that is open to the process of growing, changing and expanding with each new day. Along with this commitment to personal learning and evolution is a sense of needing and wanting to share with the greater community. Our search for information, understanding, solutions, and healing as individuals is balanced with the recognition that we are also teachers, conduits of information and healers. This recognition is one of our common threads, and one of the main attractions of creating a community at Birthright.

Birthright offers the opportunity to create and model a sustainable, simple, and to a large degree self sufficient lifestyle. While there is a great deal of work to be done before the buildings and grounds are ready to be open to the public, we envision being able to transform the space into an inviting center for educational, social, and business activities, as well as residences for the four of us.

To us, a huge educational piece that Birthright offers is the way the land is held - that it is part of a community land trust and that the land is not going to be sold. This concept seems really fundamental.

Whatever takes place on the land - in the form of work, play, learning, sharing, living and loving - all grows out of our connection to the Earth. As we hold her, we hold ourselves, and each other. She offers us a relationship of reverence, and this contributes to the feeling of sacred space that permeates the land.

Community Notes

continued

Heathcote Community

This summer Heathcote members will be building a new residential building featuring many aspects of green building, including straw-bale, cob, natural plasters, natural paint, a masonry stove, passive solar heating, solar water heating, solar electricity, rooftop water catchment, etc. The building was designed by Sigi Koko, a green architect with many years of experience in natural building.

Internship in natural building and sustainable community living. Heathcote Community, Freeland, Maryland. April to November 2005. Minimum one-month commitment. Gain experience in construction and natural building techniques including straw bale, cob, natural plaster, earthen floor, and natural paint.

Interns will work 40 hrs per week on our new straw bale residence in exchange for room and full tuition to our natural building workshops. In addition, interns will be integrated into community life and participate in our food coop

Natural Building Workshops. Heathcote Community, Freeland, MD. Workshops will be June 11, July 23, August 13, Sept. 24. Hands-on learning with instructor Sigi Koko. Topics include green design, strawbale, cob, natural plaster, earthen floor, and natural paint. For more information see our website:

www.heathcote.org

or contact:

Heathcote Community
21300 Heathcote Road
Freeland, MD, 21053

Call: 410-343-3478

Email: info@heathcote.org

Sonnewald Homestead

Weed Walks 2005

With Grace Lefever

This is your opportunity to learn about the value of many nutritional and medicinal weeds and herbs growing in our local area.

Cost \$ 10.00 donation (\$16.00 with spouse)
\$ 2.00 elementary school students
\$ 4.00 jr. and sr. high school students

For schedule and/or directions call (717) 225-3456.

Sproutwood Farm—Glen Rock, Pennsylvania

Faerie Festival 2005

—
April 29, 30, and May 1, 2005

Much thanks to everyone who helped make the 13th Annual Faerie Festival successful. Please check out our other educational programs in permaculture, straw bale and green building materials, our organic gardens — and join us for this years Faerie Festival.

<http://www.spoutwood.com/index.html>

Wygelia Community

Thanks to all who sent well-wishes to John Ditman (Shining Bear) over the past year. (Gallbladder removed last year this time to follow with a double bi-pass at the beginning of Summer. He is doing great and back up to full steam.

Spite all of the set backs the labaryth food garden was completed. Current plans are being made for this years crop. Workshops are being planned and should be shared in the next GR.

—*Light and Love Wygelia Community*



Raspberry

Rosaceae—Rubus idaeus

The raspberries (*rubus idaeus*, *rubus strigosus*) are in the rose family and are related to plants like blackberries, wineberries, thimbleberries and dewberries. The greenish white flowers appear in the Mid-Atlantic area from April to July and fruit from June to September. The fruits develop on long white powdered round stems about 2-6 feet high with numerous bristles and thorns and when picked resemble hollow shells.

Recipes researched and provided by Shannon Bonafede

Recipes

Raspberry Wine

To every 3 pints of fruit, carefully cleared from mouldy or bad, put 1 quart of water; bruise the former. In 24 hours strain the liquor and put to every quart 1 lb. of sugar, of good middling quality, of Lisbon. If for white currants, use lump sugar. It is best to put the fruit, etc., into a large pan, and when, in three or four days, the scum rises, take that off before the liquor be put into the barrel. Those who make from their own gardens may not have a sufficiency to fill the barrel at once; the wine will not hurt if made in the pan in the above proportions, and added as the fruit ripens, and can be gathered in dry weather.

Keep an account of what is put in each time.

Raspberry Vinegar

Raspberry Vinegar is made either with malt vinegar or white vinegar (i.e. either white-wine vinegar or dilute acetic acid). Malt vinegar adds to the colour, which with white vinegar generally needs the addition of a little caramel to deepen it. When made from the fruit 2 lb. of raspberries is required to a pint of vinegar. Another method is to acidulate Raspberry-juice with acetic acid and sweeten with plain syrup.

Raspberry Brandy

Pick fine dry fruit, put it into a stone jar, and the jar into a kettle of water, or on a hot hearth, till the juice will run; strain, and to every pint add 1/2 lb. of sugar, give one boil and skim it; when cold, put equal quantities of juice and brandy, shake well and bottle. Some people prefer it stronger of the brandy.

FORAGING IN THE WILD

By Stephen Hoog

Raspberry

“Blessed be” ... respect for weeds

When Raspberry comes to consciousness, the thought immediately goes to color, shape and taste. Visions of jam or a refreshing drink make the mouth water. But going beyond such sensory images takes deeper thought and time. The role this gently arcing bristly shrub plays in the greater complex of rhythmic patterns is not as easily seen nor are the energetic manifestations and consequent effects. In our drive to sweetness are we ready to see the connection between ovary and moon; to see the subsequent growth of ovary cells into fruit as a result of movement patterns of Jupiter? The fruit we pick by the handful is actually a close knit community of smaller fruits bonded together to form a whole. Can we ask how this affects us when we eat it? The fact that this shrub is in the mid zone between tree fruit (apple) and ground fruit (strawberry) must have some meaning. Perhaps the mid zone organs – liver, stomach, pancreas and spleen – are affected more than the others. The berries are both charismatic and shy, always inviting further investigation. Is this one last handful enough? Do we take on these characteristics? The proof, perhaps, is in the eating.



The wild red raspberry is certainly easy to find. It grows throughout the world including most of the US and Canada. Mountain tops, waste areas, roadsides and edges of woods are all places this shrub likes to grow.

The raspberries (*rubus idaeus*, *rubus strigosus*) are in the rose family and are related to plants like blackberries, wineberries, thimbleberries and dewberries. Even expert botanists have trouble telling them apart. The greenish white flowers appear in the Mid-Atlantic area from April to July and fruit from June to September. The fruits develop on long white powdered round stems about 2-6 feet high with numerous bristles and thorns and when picked resemble hollow shells. Black raspberries are similar to but are distinguished from blackberries in that the latter does not form a shell and its stems are more aggressive looking. The leaves of red raspberry are alternate compound with 3-7 leaflets. They are irregularly serrated around the edge and are green on top while a downy white underneath. The flowers grow in loose clusters with five petals and numerous pistils and stamens. The pistils have an ovary at the base which produces a fruit in aggregate – a compound fruit.

The roots, shoots and leaves are very useful for humans. The inedible roots of most raspberry plants used as an herb are somewhat astringent. American Indians used them as an infusion for infant cholera, dysentery and diarrhea. They were chewed for coughs and were mashed into a poultice for piles. The young shoots were shaved and eaten raw or boiled in soups or stews. Deer, horses, chipmunks and goats also find this whole plant very tasty.

The leaves can be brewed into a mildly tonic herbal tea. It is cool energetically and slightly bitter (in ayurvedic medicine also sweet). It affects the liver, spleen and kidney and their respective functions. The herb tones the muscles of the lower abdomen including the uterus and is considered one of the best for pregnancy. It has even shown effectiveness for reversing prolapsed uterus and colon. The plant is mildly nutritive and blood purifying and contains easily assimilable calcium, iron, phosphorous, vitamin A, E, B-Complex and K (needed for blood clotting). Like the root, the leaves are astringent and can help with diarrhea, external bleeding and excessive or irregular menstrual bleeding. It soothes mucous membranes, reduces inflammation and helps to alleviate sore throats, nausea, heartburn and ulcers. For further reference, Susan Weed outlines numerous other uses for this herb in her book Wise Woman Herbal for the Childbearing Year.

The raspberry itself can be eaten raw as a topping for morning cereal or granola, mixed with yogurt or blended with soy, oat or raw milk and rice syrup into a smoothie. It can be made into jellies, jams, puddings (with couscous) and pastry fillings with honey stevia or maple syrup as added sweetener and agar, kudzu or arrowroot to thicken. The berries are easily frozen if spread on a cookie sheet, put in a freezer and bagged when solid. Unfrozen they should be used in a few days after picking.

Raspberry fruit can be added to rice or apple cider vinegar for a delightful taste. Simply fill a jar with berries and add vinegar. Let this sit for a month and strain. In addition, an acidy syrup can be prepared with raspberry juice, sweetener and vinegar with, perhaps, kudzu to thicken. This thickened syrup can be added in small amounts to water for a cooling drink. Traditionally this berry has been made into wine, beer, mead and brandy.

The fruit contains sugars, of course, but also vitamin A, C, B-Complex and calcium, phosphorous, volatile oil, citric and malic acids and silicon. It is high in iron for iron deficiency anemia and can dissolve the tartar on teeth, although it is not as good as the strawberry. Both the root and the fruit have been used for dyeing silk and wool.

Whether studying the Wild Red Raspberry in relationship to heavenly bodies or enjoying the heavenly taste of the berry on a walk in the woods, the raspberry has much to offer. Although somewhat guarded by bristles and thorns, it can be a welcome friend and cosmic teacher if we open ourselves up to its many gifts.

Stephen Hoog, the Director of Living Potentials in Allentown and a School of Living Board Member is a Lehigh Valley resident and bodywork therapist, has been studying and teaching wild foods for over two decades.

School of Living Anniversary Gathering

(Continued from page 1)

first land holding as a community land trust. They have very graciously offered to hold this event on their land.

The plan is a gathering more like a university than a conference. There will be no keynote speaker, just people from the land giving interesting workshops, in a whole slew of interesting subjects. Currently we have planned three tracks of classes that will be offered throughout the weekend.

One track is all hands-on stuff. Those interested in modern structure, straw bale housing will be interested in the straw bale co-housing unit that will be under construction by the time of the Gathering. A straw bale demonstration, as well as home made paint and plaster workshops, are planned. We will be building a new sweat lodge structure and holding a sweat lodge.

A canning workshop and an organic gardening workshop are both planned, a weed walk to gather wild foods, and a workshop to cook the gathered foods for the gathering will be held. There will be alternative medicine represented and at least one cranial workshop. There will be a gardening workshop and a first aid workshop. There will be a right brain track of classes with dance and poetry, and there are at least three art classes already committed by Penn State Art professors. Not one but Two Drumming workshops will be held.

There is to be music Friday night and a contra dance Saturday night (in the barn if the new floor is ready). The final track has the left brain as a

base. I'll do some School of Living history piece; I hope to do the life and times of our three main founders Ralph Borsodi, Mildred Loomis and Tim Lefevor. There will be something on Alternative Currency, Alternative Education by Louise Burroughs, and Georgist Economics in the 21st Century by Alanna Hartzog. At least two community Land trust workshops are committed to at this writing, one on our own School of Living land trust, and one on our newly developed mortgage competitive lease fee formula.

The food for the weekend is to be vegetarian with most of the food grown on the Heathcote land or by the local CSA, Indian Cuisine is the current plan. We are having the food grown just for us. Nice touch, no? The housing is camping, limited bunk house space, and local hotels and motels. Shuttles will be available for folks arriving by air. Updated information as it becomes available can be found on our website:

<http://www.s-o-l.org/gathering.htm>

or by contacting:

The School of Living
Ann Wilken, Office Manager
215 Julian Woods Lane
Julian, PA 16844
814/ 353 - 0130

or by email:

Gathering@SchoolofLiving.org

School of Living Anniversary Gathering

June 24-26, 2005

at Heathcote Community, Freeland, Maryland

Registration flyer — page 13-14

(please feel free to copy and share with others)

School of Living Anniversary Gathering

June 24-26, 2005

Workshops

Prepared by Rita Jane Leasure

RIGHT BRAIN TRACK

Coordinator - Barbara Anderson

Sacred Geometry/Color Symbolology/Personal Iconography

Creating a personal mandala.

Enrollment limit: 20

Presenter—**John Mangan**—Artist for 15 years. Adjunct art instructor at Penn State, 12 years Communitarian School of Living and Julian Woods Community a SOL Land Trust Community.

Deep Ecology and Art

Through painting and conversation, create openings through which all of creation can be seen in relation.

Enrollment limit: 15

Presenter—**Jean Forsberg**—Artist for 45 years. Her classes at Penn State deal with themes of emotional intelligence, deep ecology and integrative health. Member of Julian Woods Community, a SOL Land Trust Community.

Group Sing/Dances of Universal Peace

Using songs from "Rise Up Singing," we'll raise our voices and join our energies to celebrate and build Peace.

Enrollment limit: All welcome

Presenter—**Charles Curtiss**—Member and Group Sing Leader for the last 10 years at Heathcote Community, a SOL Land Trust Community.

Presenter—**Barbara Anderson**—Director, Extemporaneous Dance Theatre. Member of Julian Woods Community, a SOL Land Trust Community.

World Drumming and Percussion Circle

Improvisational Music

Enrollment limit: All Welcome

Presenters—**Charles Curtiss** and **Steve Hoog**,

—**Charles** has been playing for over four decades. For the past two years he has been studying African hand drumming (djembe and dunun). He will be performing for the second year in the DanceAfrica show in the D.C. area. He recently attended a World Music Drumming workshop. Charles teaches music in four different area schools and is a member of Heathcote Community, a SOL Land Trust Community.

—**Steve** has been drumming since 1993. He was a member of the group "Rhythm Weavers," and studied under Maxwell Donker of Ghana. He currently teaches drumming classes in the Lehigh Valley area and is a School of Living Board Member.

Making Poems

Participants will create poems based on their experiences during the day.

Enrollment limit: 20

Presenter—Winona Parent—Published Poet, Age 21, home schooled and raised at Common Ground Community, a SOL Land Trust Community.

HANDS ON TRACK

Coordinator - Steve Hoog

Introduction to Cranio-Sacral Therapy

CST is a gentle, hands-on method of evaluating and enhancing the functioning of a physiological body system called the cranio-sacral system which surround and protect the brain and spinal cord. In this workshop, we will break off into pairs and have the opportunity to palpate the CS rhythm, as well as to practice some simple hands-on techniques to optimize the flow of "life-force" throughout the entire nervous system of your partner.

Presenter—**Nicholas (Sunny) Rehler, Ph. D.**

Sunny is a Licensed Physical Therapist, Craniosacral Practitioner. He completed his doctoral studies in quantum optics and has been involved in post-doctoral research. He focused his scientific background on human-based needs and thus completed training both in Swedish massage and physical therapy. He has recently become certified at the International School of Shiatsu. Sunny is a School of Living Board Member.

Canning Vegetables

Explore the basics of kitchen canning while processing a vegetable that is in season. It is designed for those who have never canned and are perhaps intimidated by the whole process, and for those veteran canners that want to share some of their secrets with others. We will cover picking food at the proper time for proper canning, how to prepare the food and equipment, determining which processing technique to use and how to get along with those monstrous canners.

Presenter—Peggy Leasure

Peggy started canning in the early 70's while living in an intentional community and has been canning ever since. Each season she puts hundreds of jars of food on her families shelves which is very exciting and satisfying especially in these times when you have no idea from where or how our food has gotten to our table. Peggy has been a member of Common Ground Community, a SOL Land Trust Community for more than 20 years.

Wild Food Walk

Participants will learn to identify and use the nutritional and medicinal weeds and herbs.

Presenter—Grace Lefever

Grace founded Sonnewald Natural Foods in 1955 which has developed into a large supermarket-style store. She has been teaching natural foods and nutrition for the past 50 years. She is also an herbalist and advocate for sustainable organic farming. She has been a School of Living member for over 40 years.

Green Building Overview

Tour the construction site of the new straw bale so-housing home in progress and discuss the green building aspects of the construction. This will include a discussion of siting, passive solar design, straw bale, masonry stove, earth plasters, and functional design considerations.

Enrollment limit: no limit

Presenters—Greg Newswanger, Juji Woodring, Michael Goldman, and Christopher Madden

Greg and Juji earned natural building skills at a week-long workshop led by Michael G. Smith (co-editor of "The Hand Sculpted House" and The art of Natural Building") Michael Goldman is the lead construction manager on the Heathcote co-housing project we will be touring and has numerous years of experience in renovation and repair. Christopher has over thirty years of experience in building construction, maintenance and remodeling, plumbing and electrical work, and homesteading. All of these presenters are members of Heathcote Community, a SOL Land Trust Community.

Wild Mushroom Walk

Presenter—Betsy Hodgson

Betsy is a member of Heathcote Community, a School of Living Land Trust Community.

Natural Building - Hands On

Get your hands dirty as we dig into straw, clay, or sand to do a small hands-on piece of house building. The project will depend on where we are in the construction process.

Enrollment limit: no limit

Presenters—Greg Newswanger and Juji Woodring, Micheal Goldman, Christopher Madden

Greg and Juji attended a week-long workshop led by Michael G. Smith, co-editor of "The Hand Sculpted House" and The art of Natural Building. "Michael Goldman is the lead construction manager on the Heathcote co-housing project we will be touring and has numerous years of experience in renovation and repair. Christopher has over thirty years of experience in building construction, maintenance and remodeling, plumbing and electrical work, and homesteading. All of these presenters are members of Heathcote Community a SOL Land Trust community.

(Continued on page 12)

School of Living Anniversary Gathering

June 24-26, 2005

Class List

(continued from page 11)

Wild Foods Cooking Class

Cook a variety of vegetarian dishes from soup to dessert that will include edible wild plants from around the Heathcote Community which have far more nutritious value than supermarket or even organically grown vegetables. This class is a nice compliment to the wild foods walk earlier in the day.

Enrollment limit: 12

Presenter—**Stephen Hoog**

Stephen has been giving wild food workshops since 1975 in the northeast of Pennsylvania, and New England areas. He is a Macrobiotic Counselor, and has done macrobiotic cooking at camps, as a takeout business, for sit down dinners, and for people who are ill since 1980. Stephen is the director of Living Potentials in Allentown, PA. He teaches the Shiatsu Certification Program at Lehigh Valley Healing Arts Academy. He is an adjunct professor at Northampton Community College. He holds a Bachelor of Science in Social Studies Education. He was the director of two CSA's in Stroudsburg and Lehigh, PA. Stephen is a School of Living Board Member.

Sustainability, Fire and Cogeneration

This workshop will cover basic concepts such as heat, temperature, mechanical work, electric power, efficiency and effectiveness. John will cover the ins and outs of engines—what they are and what they are not. He also has the secret of earth's nuclear fusion reactor. All of this will be related to day-to-day experience.

Enrollment limit: 25

Presenter—**John Ditman**, a member of Wygelia Community and a member of SOL for over 10 years

Sweat Lodge Ceremony

Participants will sign up on Friday and work with John and Paul on Saturday building the lodge at a mutually agreed upon time. They will also decide the time for beginning the ceremony.

Enrollment limit: 15

Presenter—**John Mangan** with assistance from **Paul Phillips**

John is a member of Julian Woods Community, a SOL Land Trust Community and has been running their Living Deer lodge for twelve years.

Tour of the Heathcote Gardens

Stroll through Heathcote's three vegetable gardens - the Main Garden, the Rose Garden, and the Hill Garden. Look at the attached Greenhouse and the Flower beds, too. Participants may help with garden tasks of the day.

Enrollment limit: 20

Presenter—**Michael Goldman**

Michael has been Heathcote's Community Garden Committee facilitator for six years. His reincarnation of the Hill Garden near his beehives provides about 1,000 lbs of organic produce to the Heathcote Community each year. He has been a member of Heathcote Community, a SOL Land Trust Community, for 6 years.

LEFT BRAIN TRACK

Co-coordinator - Dr. Louise Burroughs

Alternative Currency - The Role of Complementary Currency in Economic Transformation

Presenter—**Tom Greco**

Tom has been an author, a college professor, an aerospace engineer and much more. He was on the Board of and President of The School of Living in the 1980's. He is currently the director of the non-profit Community Information Resource Center. His expertise includes the theory and history of money and banking, private currency and exchange system development, statistical analysis, and survey research.

History of the Heathcote Land Trust (a slide show)

The early history of Heathcote: Our transformation of the Old Mill.

Presenter—**Grace Lafever**

School of Living Member for over 40 years. Founder of Sonnewald Natural Foods Store.

Spoutwood Farm CSA

A history of 10 years of local community supported agriculture at Spoutwood Farm.

Presenter—**Rob Wood**

Founder and main farmer for Spoutwood Farm, CSA

Community Land Trust School of Living Style

Presenter—**Rita Jane Leasure**

School of Living President, Member of the Land Committee and the Board of the School of Living all for the last 10 years. Bachelor of Philosophy and Juris Doctorate. Feminist, Peace, and Justice Activist. Member of Common Ground Community, a SOL Land Trust Community, for more than 20 years.

Ozark Regional Land Trust, Missouri Then and Now

Presenter—**Paul Justus**

Bachelor of Economics, Master of Urban Design with emphasis on Sustainable Community Development, Intern at the Meadow Creek Project directed by David Orr. Currently working as a Regional Planner in Northwest Arkansas. Board member of Ozark Regional Land Trust and Common Ground, USA.

Institute for Community Economics - Then and Now

Presenter:

Henry George and the 21st Century, Ralph Borsodi compared to Henry George

PART I: The Economics of Peace: Mildred Loomis and Ralph Borsodi

Presenter—**Alanna Hartzok M.A.**

Alanna is the director of Earth Rights Institute, a representative to the United Nations ECOSOC NGO, vice-President of the Council of Geogist Organizations, a board member of United for a Fair Economy, an advisor/consultant for Odi Ecovillage in Nigeria, and on the advisory board for CCC/UN. She is a published author of many articles and has studied in Europe, Canada and San Francisco. She is an experienced lecturer and has given workshops on earth rights democracy, economic justice, alternatives to neoliberal economics, the land problem, green tax and land value taxation. Alanna is a former School of Living Board Member.

PART II: A Consideration of Ralph Borsodi's call for a Global Resource Agency

Presenters—**Alanna Hartzok** and **Robert Wheeler**

History of the School of Living

Presenter—**Vivien Rose**

Vivien is the official Historian for the School of Living.

Alternative Education

Presenter—**Dr. Louise V. Burroughs**

An Introduction to Permaculture

Introduction to Permaculture ethics, principles and techniques, and show people how they can apply them to create more sustainable lifestyles.

Presenter—**Dr. Karen Stupski**

Karen is a sustainability educator, communitarian, and historian. She holds a permaculture design apprentice certification and teaches permaculture in the Baltimore area. She holds a Ph D in the History of Science, Medicine and Technology. She has lived at Heathcote Community a SOL Land Trust Community for more than ten years.

**70 Years Since
Our Founding!**



**50 Years Since
Our Incorporation!**

**School of Living
Anniversary Gathering**

June 24-26, 2005

at Heathcote Community, Freeland, Maryland

Friday Evening House Concert

Saturday Evening Program

Featuring exciting Saturday workshops on the following topics:

Hands-On	Historical/Intellectual	Creative
Green Building Tour Natural Building Wild Food Walk Weed Walk with Grace Cooking with Wild Foods Sweat Lodge Ceremony Cranial Sacral Therapy Canning Vegetables Organic Gardening and Tour Sustainability, Fire & Power	Community Land Trust Alternative Education Georgist Movement Alternative Currency History of the School of Living Introduction to Permaculture SOL Land Trust slide show History of a CSA History of the Institute for Community Economics	Dance Deep Ecology and Art Self-Portraits Mandalas Making Poems World Drumming Drumming Group Sing/Dances of the Universe

Register by *June 1st* to help us plan for a great gathering.

Sliding scale fee \$70-\$120 includes workshops, concert, food and lodging.

Paying in the upper region of the sliding scale helps subsidize those who can afford less.

Fee for children under 14 is \$20 for the weekend.

For more information:

Anniversary Gathering, School of Living, 215 Julian Woods Lane, Julian, PA 16844

814-353-0130, Gathering@SchoolofLiving.org, www.schoolofliving.org

Name 1: _____
 Name 2: _____
 Name 3: _____
 Address: _____
 City/State/Zip: _____
 Phone: _____
 Email: _____
 Best time to call? _____
 When you'll arrive: _____

	<u>Fee</u>	<u>Number of persons</u>	<u>Cost</u>
Fee for Workshops, Meals, and Lodging	\$____ \$ 20	# adults ____ #Children__	= \$____ = \$____

Need a ride? _____ Can take a rider? _____
 Bringing children? (Persons 14 and older are considered Adults) List names, gender, ages: _____

 Camping spots needed: # _____

Make checks payable to "School of Living".

Mail registration form and payment to:

School of Living
 215 Julian Woods Lane
 Julian, PA 16844

Food: You may pre-register for organic, whole foods, vegetarian meals that will be served at the gathering. A list of local restaurants is available if you prefer to dine out.

Lodging: There are plenty of tent sites available in the woods. The facilities are rustic and feature porto-potties and solar showers. Sorry, there is no room for RV's. A list of local hotels is available if you prefer to lodge offsite.

Special Needs: There are a limited number of sleeping spaces available in our bunk room for those who need indoor accommodations. If you have questions about accessibility for differently abled or sign language interpreting, call or write us.

Bring: Tent, sleeping bag, towel, flashlight, rain-gear, warm & cool clothes, bug repellent and sun-screen. Also bring your own place setting (plate, bowl, cup, utensils.) **No pets, alcohol, tobacco products or illegal drugs, please.** Consider bringing musical instruments, games, and literature to share.

Childcare: Childcare will be cooperative. Parents should be prepared to do one 2-hour childcare shift.

Workshifts: Each participant will be asked to help with the gathering for one 2-hour workshift. Possible tasks include meal prep, clean up, and childcare.

For Over Half a Century, The School of Living Has Been....

- Assisting individuals to become more responsible and self-reliant
- Nurturing healthy, Community Land Trust Communities
- Promoting ecological use of land and natural resources
- Empowering inquiry and action on local and global problems
- Working to develop and implement approaches to a more just and free society

Mission ...

The School of Living is an educational organization dedicated to learning and teaching the philosophy, practices and principles of living that are self-empowering for individuals within the general aim of establishing decentralized, ecologically-sound, self-governed and humane communities. All its resources, but most specifically the land it holds in trust, are held in responsible stewardship for present and future generations.

Page 13 and 14 have been printed back to back to allow individuals and communities to copy the registration flyer for other community members, family and friends.

If you do not have access to copying please contact us and we will gladly forward copies of the flyer by mail.

*Gathering@SchoolofLiving.org or
Call 814/ 353 - 0130.*

Schedule of Events

School of Living Annual Meeting

Heathcote Community — Freeland, Maryland
April 15, 16 & 17, 2005

Saturday evening program --
Successful Solar and Energy Conservation Projects in Pennsylvania

JOSEPH J. BURINSKY, Shamanic Practitioner
American Institute of Architects, Member Emeritus
PSU Architectural Engineering Technology Program Chair

Please call 410/343-DIRT
if you are planning to attend
and if planning to bring children.

Fairie Festival

at Sproutwood Farm—Glen Rock, Pennsylvania
April 29, 30 and May 1, 2005

<http://www.fairiefestival.net/index.htm>

School of Living Anniversary Gathering

at Heathcote Community, Freeland, Maryland
June 24-26, 2005

Friday Evening House Concert *Saturday Evening Program*

For more information you can check our website

<http://SchoolofLiving.org/gathering.htm>

call 814/353-0130 or email

Gathering@SchoolofLiving.org

School of Living Quarterly Meeting

Julian Woods Community — State College, Pennsylvania
July 29, 30, 31, 2005

Please call (814) 355-8026 if you are planning to attend
and if planning to bring children.

Twin Oaks Women's Gathering

Twin Oaks Community — Louisa, Virginia
August 26-28, 2005

For more information contact Women's Gathering
please call (540) 894-5126 or gathering@twinoaks.org.

Twin Oaks Communities Conference

Twin Oaks Community — Louisa, Virginia
September 2-5, 2005

For more information contact Women's Gathering
please call (540) 894-5126 or conference@twinoaks.org.

School of Living Quarterly Meeting

TBA

October 7-9, 2005

Please call (540) 463-1070 if you are planning to attend
and if planning to bring children.

GREEN REVOLUTION

Published by the

School of Living

215 Julian Woods Lane

Julian, PA 16844

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Heathcote Community — Freeland, Maryland
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For more information you can check our website

SchoolofLiving.org/Gathering,

call 814/ 353 - 0130 or email Gathering@SchoolofLiving.org